

Senshido's Curriculum

Since both time and funding are limited, we have great success offering our material in intensive workshop, covering all facets of Violence Survival, both theoretically as well as practically. The following modules are tailored to ensure optimal training for both Police as well as SWAT Personnel:

- Fundamentals of Personal Protection
- The Shredder® / Rapid Assault Counter Tactics® Concept
- On the Cutting Edge (Knife Defense)
- Tactical Gun Defense (Pistols and Rifles Defense)
- Submission Termination (Defeating grapplers of all kinds)
- Outnumbered But Not Outgunned (Dealing with multiple attackers)
- Strategic Stick Fighting
- Improvised Weapons Use and Defense
- Weapon Retention (Both for handguns and long guns)
- Use of Firearms (Handguns, Sub Machine Guns, and Rifles) in Shoot/No-Shoot Situations

Each module builds on the one preceding it, with the Fundamentals one being the first in the program. The workshops can be taken at different time periods or in a row, compressed into a boot camp.



Essential Protective Skills for Individuals and Professionals

Realistic Training
for
Law Enforcement
Officers
Of the 21st Century

 **Contact** Georges Z. Fahmy - M.A.
Senshido International - Greater Middle East Division
Website: www.senshido.net
Mobile: +961 3 499 712
Email: georges.fahmy@senshido.net

Senshido's Advantages



Undercover Operations

Designed to work in real-world situations: Because training is done wearing full gear and is based on Force-on-Force scenarios including emotional involvement (Fear, Anger), handicap drills (injury simulation), Use of Force, shoot/ no-shoot settings, and variable errors, it is closest to the realities of violence than any other system or art

Immediately applicable: Useable instantly after being learned, effectively applicable in any situation, regardless of a Law Enforcement Officer's physical, medical, or emotional status. Our tactics are "Simple to learn, Impossible to forget"TM

Time and Cost effective: Our simplified approach to surviving violence means that Police Officers can become proficient in record time, usually after days of training

Reduced Police and Civilian fatalities and injuries: Because of the realistic way we portray and deal with violence, officers are more efficient at surviving criminal assaults such as battery, muggings, attempted murder, among others, while on the job. This in turn reduces both Police and Civilian casualties and results in increased public confidence

Increased officer morale: Police officers that feel safe are happier police officers. This positively impacts productivity, job satisfaction, atmosphere, and reduces operational/ administrative errors due to stress and inadequate training

Customizable: Senshido's methodology is transferable from one sector of activity to another: Patrolling and Guard duty, Undercover Work, investigating suspicious behavior, VIP Protection, dealing with full-out assaults, No-Shoot SWAT operations... with minimal retraining.



Defensive Tactics



Justifiable Use Of Force

Senshido Defined

Senshido - The Way of a Thousand Masters - is a scientific and eclectic method of Defensive Tactics based on thoroughly understanding the Pre-Contact, Contact, and Post-Contact aspects of Violence, and incorporating scientific principles, (Namely police and military science, human physiology, criminology, psychology...), concepts, strategies, and tactics in our training.

Because Street Violence always invokes an emotional and psychological reaction, even in the most seasoned operatives, Senshido focuses on fully preparing participants through Force-On-Force Scenario training that challenges them mentally, emotionally, as well as physically, and ensures that the Use of Force is fully justified.

On a physical level, our methodology uses the body's instinctive and universal protective reaction to danger (The Startle-to-Flinch Reflex), and utilizes Gross Motor Skills, simple and effective movements optimized under adrenal stress.

Since 1994, our international team has had the honor of training hundreds of police officers from around the world, in countries such as North America (The United States of America and Canada), Central and South America (Mexico and Brazil), Western Europe (the United Kingdom and Belgium), Finland, Australia, and New Zealand.

Senshido's Mission

As the world leader in Urban Defensive Tactics for Law Enforcement, our mission is to empower Law Enforcement Officers (LEOs) and Special Weapons and Tactics (SWAT) personnel with simple, efficient, and "acid-tested" tools, tactics, and strategies to survive modern violence.

Our program's secondary objective aims at reducing to the strictest minimum both Officer and Civilian fatalities and injuries that might occur in the line of duty. We aim at achieving this goal by imparting Police personnel with especially designed Awareness, De-escalation, and Threat Interception drills via our revolutionary Scenario Replication and Tactical Role-Playing protocols.

We look forward to visiting your department or station to outline how our special unarmed, less-than-lethal, as well as armed training methodology, can significantly improve the life and safety of both officers and civilians under their care.